

Community Education and Aquatics

Winter/Spring 2025



Community Education Facebook: Webster Community Education

Webster Aquatics Facebook: Webster Aquatic Center

Webster Aquatics X: @websteraquatics

Website: websterschools.org

WAC and Community Education 585-670-1087

Register at: https://registration.xendirect.com/webstercsd/search.cfm





Meet your new Directors of Community Education:

Abigail Eckler



Megan Malone







abigail_eckler@webstercsd.org megan_malone@webstercsd.org



585-670-5039



Webster Aquatic Center 875 Ridge Road Webster, NY 14580







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Webster Central School District Community Programs and Services

875 Ridge Road Webster, NY 14580 Phone (585) 670-1087

Webster Website: websterschools.org

Browse and register for programs at

https://registration.xendirect.com/webstercsd/index.cfm

To reserve WCSD facilities including fields and gyms, auditoriums, classrooms, etc, please contact Jane Laskey at 670-8066 or jane_laskey@webstercsd.org

REGISTRATION INFORMATION

Location

The Webster Aquatic Center (WAC) is located adjacent to Webster Schroeder High School at 875 Ridge Road. There is ample parking across the street and handicapped parking near the building entrance. The service desk located inside the WAC supports all Aquatic Programs and Community Education Programs.

WAC Service Desk: 585-670-1087

WAC Winter/Spring Hours of Operation:

Monday-Thursday: 5:30 am-8:30 pm

Friday: 5:30 am-8:00 pm

Saturday: 8:00 am-12:00 pm (subject to change due to swim

meets or events) Sunday: Closed

Please visit https://www.websterschools.org/aquaticcenter for

monthly swim schedules.

Website and Social Media

WAC

https://www.websterschools.org/aquaticcenter https://www.facebook.com/websteraquaticcenter1 @websteraquatics on X

Community Ed:

https://www.websterschools.org/communityed

https://www.facebook.com/WCSD.Community.Programs

Aquatic Class Locations

Learn to Swim: Webster Thomas High School Pool

(800 Five Mile Line Road)

Watercize: Webster Aquatic Center (875 Ridge Road)



Registration Dates

Winter Watercize Program Registration opens **Thursday**, **December 5th at 8:00 am** (ONLINE ONLY)

Spring Watercize Program Registration **TBA**. Check the WAC website for dates and times.

Winter Learn to Swim Programs Registration opens Tuesday, December 10th at 8:00 am (ONLINE ONLY)

Spring Learn to Swim Program Registration **TBA**. Check the WAC website for dates and times.

Community Education Winter and Spring Program Registration opens **Monday**, **December 16th at 9:00 am**

Create an Account to Register:

The quickest way to enroll in any program is to use our registration database, Xenegrade. Please use this link to create an account, browse and register for programming:

https://registration.xendirect.com/webstercsd/search.cfm

*You will need a valid email address to create an account. Please note our system is not Roadrunner friendly.

Resetting Your Password:

If you have forgotten your login password, please click "reset password." Call 585-670-1087 if you need assistance.

Register Early!

Minimum enrollment must be met in order for courses to run. Register early to secure your spot!

Help with Registration:

Please call 585-670-1087 for assistance with registration.

Register at

https://registration.xenegrade.com/webstercsd/

Let's Get WACky!

Winter & Spring 2025

875 Ridge Road, Webster, NY 14580 585-670-1087 X @websteraquatics Facebook @websteraquaticcenter1

WAC DROP IN

Both resident and nonresident visitors are always welcome!

	res.	Non r	es.
Adults	\$6	\$8	
Seniors (55+)	\$4	\$5	
Student	\$5	\$6	
WCSD Student / Staff (with ID)	\$3	\$3	
Children 5 & under Free			



Each punch is good for an individual visit to the Webster Aquatic Center. Punch pass holders receive a \$2 discount per swim.

	res.	non-re
25 Visit Adult Pass	\$100	\$140
25 Visit Senior Pass	\$60	\$80
25 Visit Student Pass	\$80	\$100
25 Visit WCSD	\$40	\$40
Student/Staff		

WAC Watercize Class Pass

Class Pass: \$120 for 10 drop in Watercize classes.*

Drop in class price*: \$12 per class *Pending available space in class

Let us help! Call for schedule, rate, and class details.

585- 670-1087







WAC

CLOSED Sunday: Monday 5:30 AM - 8:30PM Tuesday 5:30 AM - 8:30PM 5:30 AM - 8:30PM Wednesday Thursday 5:30 AM - 8:30PM 5:30 AM - 8:00PM Friday Saturday 8:00 AM - 12:00 PM

The facilities/pool close 15 minutes after the buildings close.

Visit websteraquaticcenter.org the first day of each month for updated pool schedules.

MEMBERSHIP RATES (Effective as of September 1, 2024)

		Annual	6 months	3 months
Individual	resident	\$383 (\$32/month)	\$205 (\$34/month)	\$109 (\$36/month)
	non-resident	\$541 (\$45/month)	\$284 (\$47/month)	\$149 (\$50/month)
Family (same household)	resident non-resident	\$462 (\$39/month) \$647 (\$54/month)	\$244 (\$40/month) \$337 (\$56/month)	\$129 (\$43/month) \$175 (\$58/month)
One Parent Family	resident non-resident	\$422 (\$35/month) \$594 (\$50/month) \$224 (\$19/month)	\$224 (\$37/month) \$310 (\$52/month) \$119 (\$20/month)	\$119 (\$40/month) \$162 (\$54/month) \$63 (\$21/month)
Senior (55 or older)	non-resident	\$317 (\$26/month)	\$165 (\$28/month)	\$86 (\$29/month)
Senior	resident	\$304 (\$25/month)	\$165 (\$28/month)	\$89 (\$30/month)
Couple	non-resident	\$422 (\$35/month)	\$224 (\$37/month)	\$119 (\$40/month)
Student	resident	\$290 (\$24/month)	\$158 (\$26/month)	\$86 (\$29/month)
	non-resident	\$396 (\$33/month)	\$211 (\$35/month)	\$112 (\$37/month)
WCSD	resident	\$132 (\$11/month)	\$73 (\$12/month)	\$40 (\$13/month)
Student	non-resident	\$132 (\$11/month)	\$73 (\$12/month)	\$40 (\$13/month)
WCSD	resident	\$132 (\$11/month)	\$73 (\$12/month)	\$40 (\$13/month)
Staff	non-resident	\$132 (\$11/month)	\$73 (\$12/month)	\$40 (\$13/month)
WCSD Staff Family	resident non-resident	\$158 (\$13/month) \$158 (\$13/month)	\$86 (\$14/month) \$86 (\$14/month)	\$46 (\$15/month) \$46 (\$15/month)

- Membership includes unlimited access to open swim and half price on all watercize classes.
- You may choose the duration of your membership with terms of 3 months, 6 months and 12 months.
- To qualify for membership class discounts, you must be a current member at the time of registration.
- Members with planned time away of more than one month may request a membership freeze for the duration of their absence once peryear.





Policies and Price Guide

Thank you for choosing WCSD Watercize!

Please review the Watercize policies below and enjoy your class!

- **Refunds** are available up to one week prior to the first date of class. After that, there are NO REFUNDS without a qualifying medical reasons and a note from a health care professional.
- Registration Dates: Registration for Watercize classes stays open for the first half of the session. Rates cannot be prorated for those who register for a partial session of Watercize. You must be a member at the time of registration to receive the discount. Students are encouraged to make up missed classes. Makeups must be completed within the same session.
- Attendance: PATRONS are required to sign-in at the front desk before entering the pool area.
- Make-ups: There will be class number restrictions for each class. Therefore, drop-in class passes and drop-in class make-up will be allowed pending available space in the class. Please call ahead to make a reservation for a specific class and day and we will do our best to accommodate you.
- Cancellations: All classes are held at school facilities. When the school district closes due to inclement weather, the pools are also closed, and classes are cancelled. We will make every effort to make up cancelled classes as schedules permit.
- **Medical Absence**: Patrons with an unexpected medical leave of absence greater than one week may make-up classes later in the session. Refunds for missed classes are issued only with a health care professionals note.

The Webster Aquatic Center is a proud member of the following health insurance networks. Please be sure to review your policy to see if you qualify for the benefits listed below.



The Webster Aquatic Center is a member of the American Specialty Health Network which coordinates the Silver&Fit Membership Program. Ask your insurance carrier if they offer this benefit. Silver&Fit memberships are offered free by some carriers or for as little as \$25 per year.

Silver&Fit members enjoy all the same benefits as the WAC as regular members.

The Silver&Fit program is designed for older adults. By exercising regularly and meeting new people, you can be Silver, Fit and Fabulous, too!



SilverSneakers is a fitness program for seniors that's included with many Medicare Advantage plans.
SilverSneakers helps millions of people on Medicare defy the odds, shatter stereotypes and answer every challenge with, "I can do this!"

Members receive a no cost basic membership. Contact your health insurance carrier and the front desk staff at the WAC for more details and start to improve your life!



Regular exercise is essential to healthy living, but common barriers such as cost and lack of time, accountability and motivation keep millions of people from starting and sticking with a fitness plan. Prime helps remove those barriers by offering a budget-friendly, flexible fitness membership free of gym contracts and designed to help members overcome excuses and get moving toward better health.

Members receive a no cost basic membership. Contact your health insurance carrier and the front desk staff at the WAC for more details and start to improve your life!

WATERCIZE

Aqua HIIT Deep

High Intensity Interval Training or HIIT is a great way to condition your cardiovascular system with less joint impact than traditional land HIIT routines. Combining equipment with the timed intervals adds additional strength and toning. We will begin the class with a short warm up and progress into various timed intervals for 40-45 minutes ending with a cool down and stretch. This workout is sure to challenge you in a fun and unique way.

Course #: AHD-WCAHD.1-W25

Cost: \$132.00

Dates: 1/6/2025 - 4/07/2025 (11 classes)

No class on 1/13, 1/20, 2/17 Day of Week: Monday Instructor: WAC Staff Time: 8:00-9:00 am

Location: Webster Aquatic Center

Aqua Mix and Mash

Variety is the spice of life! Take it to the pool as we mix things up to challenge our bodies and keep things fresh. Each class will provide a different focus to help build strength, stamina, endurance and cardiovascular health. Instructor will be virtual.

Course #: AMM-WCAMM.1-W25

Cost: \$144.00

Dates: 1/9/2025 - 4/10/2025 (12 classes)

No class on 2/20, 4/03 Day of Week: Thursday Instructor: WAC Staff **Time:** 10:00-11:00 am

Location: Webster Aquatic Center



Aqua Fusion

This workout will change weekly with a variety of modalities from dance to interval training to pilates & barre. We will use bands, ankle weights, fins & more! Each week we will begin with a short warm up followed by a cardio portion, then toning & finally a cool down and stretch. This varietal class will be loads of summer fun and will keep each week fresh and interesting. Water shoes are recommended.

Course #: AQF-WCAQF.1-W25

Cost: \$132.00

Dates: 1/6/2025 - 4/7/2025 (11 classes)

No class on 1/13, 1/20, 2/17 Day of Week: Monday Instructor: WAC Staff Time: 9:30-10:30 am

Location: Webster Aquatic Center

Functionally Fit

Train your mind and your muscles to work together in preparation for daily tasks in the aquatic environment. We will be using muscles in the upper and lower body. emphasizing core stability, posture and balance simulating common movements you might do at home or at work. The instructor will be virtual.

Course #: FF-WCFF.1-W25

Cost: \$144.00

Dates: 1/7/2025 - 4/8/2025 (12 classes)

No class on 1/14, 2/18 Day of Week: Tuesday Instructor: WAC Staff Time: 12:00-1:00 pm

Location: Webster Aquatic Center

Course #: FF-WCFF.2-W25

Cost: \$144.00

Dates: 1/9/2025 - 4/10/2025 (12 classes)

No class on 2/20, 4/3 Day of Week: Thursday Instructor: WAC Staff **Time:** 12:00-1:00 pm

Location: Webster Aquatic Center

High Tide/Low Tide

This dual depth workout will begin in the deep end with a HIIT (high intensity interval training) style cardio workout and then transition to the shallow water for toning. Equipment may be used for an added challenge during the toning portion. This well-rounded workout will improve cardiovascular health, endurance and muscle tone. Beat the heat this summer and jump into aquatic fitness! Water shoes are recommended.

Course #: HTLT-WCHTLT.1-W25

Cost: \$144.00

Dates: 1/8/2025 - 4/9/2025 (12 classes)

No class 1/15, 2/19 Day of Week: Wednesday Instructor: WAC Staff Time: 11:00 am-12:00 pm **Location:** Webster Aquatic Center

Liquid Gym

Cardio, resistance, strengthening, balance and stretch. The pool becomes your gym as you train in the aquatic environment. Aqua shoes are recommended. Instructor will be

virtual.

Course #: LG-WCLG.1-W25

Cost: \$144.00

Dates: 1/9/2025 - 4/10/2025 (12 classes)

No class 2/20, 4/3 Day of Week: Thursday Instructor: WAC Staff Time: 8:30-9:30 am

Location: Webster Aquatic Center

Power Waves

An intense agua workout with interval training, plyometrics, and power moves to improve cardiovascular fitness. muscular endurance. strength & flexibility. Water shoes are

recommended.

Course #: PW-WCPW.1-W25

Cost: \$144.00

Dates: 1/8/2025 - 4/09/2025 (12 classes)

No class 1/15, 2/19 Day of Week: Wednesday Instructor: WAC Staff **Time:** 8:00-9:00 am

Location: Webster Aquatic Center

WATERCIZE

S'WET Shallow-Watercize

Come S'WET in a Structured Water Exercise Training class at the WAC. This unique class format is structured to incorporate blocks of activity focused on HIIT, strength, cardio and plyometric training. Water shoes are recommended. The instructor will be virtual.

Course #: SS-WCSS.1-W25

Cost: \$144.00

Dates: 1/7/2025 - 4/8/2025 (12 classes)

No class 1/14, 2/18

Day of Week: Tuesday
Instructor: WAC Staff
Time: 8:30-9:30 am

Location: Webster Aquatic Center



Stride, Stretch and Balance

Dive into a rejuvenating workout with a blend of interval water walking, stretching. and balance exercises designed to enhance your overall fitness. This low-impact class harnesses the resistance of water to boost cardiovascular health, improve muscle tone. and increase flexibility. The workout begins with interval water walking to elevate your heart rate & build endurance, alternating between brisk and moderate paces. This is followed by a series of targeted stretching exercises, utilizing the water's buoyancy to gently enhance flexibility and range of motion. Finally, a balance drill is incorporated to strengthen core stability & improve coordination. Ideal for all fitness levels. Water shoes are recommended.

Course #: SSB-WCSSB.1-W25

Cost: \$132.00

Dates: 1/6/2025 - 4/7/2025 (11 classes)

No class 1/13, 1/20, 2/17

Day of Week: Monday
Instructor: WAC Staff
Time: 11:00 am-12:00 pm
Location: Webster Aquatic Center

Course #: SSB-WCSSB.2-W25

Cost: \$132.00

Dates: 1/10/2025 - 4/11/2025 (11 classes)

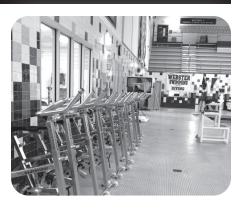
No class 2/21, 3/14, 4/4

Day of Week: Friday

Instructor: WAC Staff

Time: 9:00-10:00 am

Location: Webster Aquatic Center



Trim and Spin

Break free from your ordinary routine with the Hydrorider Bike. The Webster Aquatic Center is one of the very few pools in our area that offer this unique opportunity for an amazing stress-free joint workout on the Hydrorider Bikes. Pedal your way to increase your cardio fitness and muscle strengthening and core as well. The resistance of the water and your individual effort makes this a class that can accommodate all levels of fitness. A portion of this class may include other equipment to enhance this workout. Come experience this unique class. **Water shoes**

required for this class.

Course #: TS-WCTS.1-W25

Cost: \$144.00

Dates: 1/8/2025 - 4/9/2025 (12 classes)

No class 1/15, 2/19

Day of Week: Wednesday
Instructor: WAC Staff
Time: 9:30-10:30 am

Location: Webster Aquatic Center



Registration will begin Tuesday, December 10th at 8:00 am, online only.

LIFEGUARD CERTIFICATION

Lifeguard Certification Training

This is a 31-hour American Red Cross training that prepares lifeguards with skills and knowledge necessary to keep patrons of aquatic facilities safe in and around the water. This class includes CPR/AED and First Aid for the Professional Rescuer. Participants must attend all dates within the session to complete your training and at least be 15 years of age. No refunds are given once students begin. Please bring a suit, towel, and lunch to class each day.

Prerequisites: You must be at least 15 years old to take this course. To ensure that participants are able to complete the course, candidates are expected to pass the prerequisite swim test. See below for swim test requirements.

IMPORTANT & MANDATORY

Mandatory Prerequisite Swim Test will be held on June 23rd @ 3:30 pm at the Webster Aquatic Center.

Materials will be handed out at this time if the participant passes the swim test.

- · A 300 yard swim using front crawl and breastroke.
- A 20 yard swim, feet first surface dive to retrieve a 10lb brick, swim another 20 yards back to wall, & climb out in a time of 1:40 or under.
- Tread water for 2 minutes with no hands.
- Exit pool from the water to the deck without ladder or assistance.

Any Webster Central School District resident that passes the course and is hired by the WAC, will be reimbursed for the class fee.

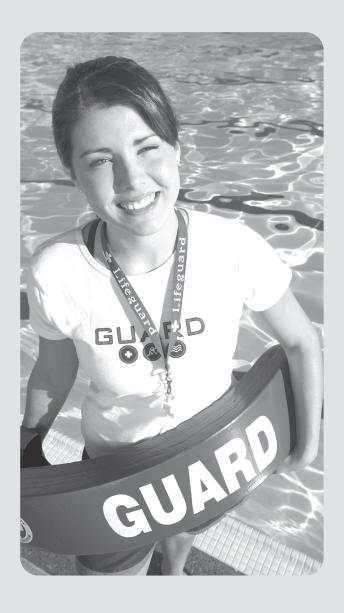
Course #: LG-CertsLG.1-SP25

Cost: \$195.00

Dates: 6/27/2025 - 7/3/2025 No class Sat 6/28 or Sun 6/29 Day of Week: Monday - Friday **Instructor:** WAC Staff

Time: 8:00 am-3:00 pm

Location: Webster Aquatic Center



REMINDER

Please register early to ensure your spot in class. Decisions to run classes or not based on attendance happens five days prior to the class start date.



FINANCE

Medicare Made Clear

Medicare can be, and often is, confusing. There are so many plans and so many changes year to year that it's not surprising folks need some help to decipher it all. If you are approaching age 65, or already there... your mailbox may already be stuffed full of advertisements from Medicare and everyone else who wants you to buy their plan. So what do you do? Should you purchase an HMO or a PPO plan...maybe an HMO/POS? What about a Medicare Supplement/Medigap plan? Maybe you are wondering what the "donut hole" is and why you should try to stay out of it. Or...maybe you want to work past age 65, and wonder how will that affect you and the insurance at your job? Maybe your questions are more basic, like "When do I sign up?" or "Where do I sign up?"

Don't worry! This is a real-world, interactive class with real-life illustrations. In this two hour class you will learn about the various types of plans, processes and penalties associated with Medicare for this year. You will leave with a good basic understanding of Medicare and what the plans cover. There will be plenty of time for Questions and Answers at the end of class. If you are 64 or older, this class will help you make better decisions for your healthcare when it is time for you to choose a Medicare plan for yourself.

Course #: MMC-CEMMC-CE.1-WS25

Cost: \$10.00

Dates: 3/20/2025 (1 class) Day of Week: Thursday Instructor: Douglas Warner Time: 6:00-8:00 pm

Location: Webster Schroeder E5



Savvy Social Security Planning: How to Maximize Retirement Income

Please join this popular class provided for nearly a decade by Tomas Aponte, RICP. What baby boomers need to know to help maximize retirement income! Learn answers to your questions: Will Social Security be there for me? How much can I expect to receive? When should I apply? How can I maximize my benefits? Will Social Security be enough to live on in retirement?

Course #: SSSP-CESSSP.1-WS25

Cost: \$10.00

Dates: 1/21/2025 (1 class)
Day of Week: Tuesday

Instructor: Tomas Aponte, RICP

Time: 5:00-6:30 pm

Location: Webster Schroeder E5

Course #: SSSP-CESSSP.2-WS25

Cost: \$10.00

Dates: 4/22/2025 (1 class)
Day of Week: Tuesday

Instructor: Tomas Aponte, RICP

Time: 5:00-6:30 pm

Location: Webster Schroeder E5

Maximizing the Benefit of Your State of Federal Pension

In this class we will breakdown the true value of your state pension, the options you have to choose from and how to maximize and protect it for you and your family.

Course #: SFP-CESFP-CE.1-WS25

Cost: \$10.00

Dates: 1/9/2025 (1 class)
Day of Week: Thursday
Instructor: Michael Coffaro
Time: 6:00-7:00 pm

Location: Webster Schroeder E5

Course #: SFP-CESFP-CE.2-WS25

Cost: \$10.00

Dates: 2/6/2025 (1 class)
Day of Week: Thursday
Instructor: Michael Coffaro
Time: 6:00-7:00 pm

Location: Webster Schroeder E5

Course #: SFP-CESFP-CE.3-WS25

Cost: \$10.00

Dates: 3/13/2025 (1 class)
Day of Week: Thursday
Instructor: Michael Coffaro
Time: 6:00-7:00 pm



FINANCE

Tax Planning for Retirement: How Taxes Change Through Retirement

When people prepare for their retirement, proper tax planning is often overlooked and can lead to some very expensive mistakes. Your tax rate may vary widely over the years based on the timing and order in which you use different sources of income to pay for your living expenses. Join Tomas as he discusses common pitfalls that you should be on the lookout for.

Course #: TPR-CETPR.1-WS25

Cost: \$10.00

Dates: 2/25/2025 (1 class) Day of Week: Tuesday

Instructor: Tomas Aponte, RICP

Time: 5:00-6:30 pm

Location: Webster Schroeder E5 Course #: TPR-CETPR.2-WS25

Cost: \$10.00

Dates: 5/27/2025 (1 class) Day of Week: Tuesday Instructor: Tomas Aponte, RICP

Time: 5:00-6:30 pm

Location: Webster Schroeder E5

Life After Work: **Retirement Distribution Planning**

Creating monthly income that lasts throughout your retirement is tricky. A wrong decision could subject you to unnecessary taxes, penalties, and inflation. You'll learn the strategies to see how much money you can afford to spend each year in retirement and learn how to be more efficient from a tax and investment perspective.

Course #: LAWRDP-CELAWRDP.1-WS25

Cost: \$10.00

Dates: 3/25/2025 (1 class) Day of Week: Tuesday

Instructor: Tomas Aponte, RICP

Time: 5:00-6:30 pm

Location: Webster Schroeder E5

Preparing for Retirement

Join us for an insightful seminar designed to help you navigate the complexities of retirement planning. Whether you're just starting to think about retirement or are nearing the big day, this session will equip you with the tools to maximize your savings, catch up if you're feeling behind, understand Social Security, and create a strategy to enjoy a comfortable retirement.

Course #: PFR-CEPFR.1-WS25

Cost: \$10.00

Dates: 3/24/2025 (1 class) Day of Week: Monday Instructor: Troy Gribnau Time: 5:00-6:00 pm

Location: Webster Schroeder E5

Saving for Higher **Education: 529s**

Join us for an informative seminar on how to effectively save for higher education, with a focus on 529 plans. Learn how these tax-advantaged savings accounts can help maximize your investment and grow your child's college fund faster. We'll also cover other smart investment strategies and ways to create a financial roadmap that ensures your child's educational future. Whether college is years away or just around the corner, this seminar will give you the tools to confidently plan.

Course #: SFHE-CESFHE.1-WS25

Cost: \$10.00

Dates: 4/10/2025 (1 class) Day of Week: Thursday **Instructor:** Troy Gribnau Time: 5:30-6:30 pm

Location: Webster Schroeder E5

REMINDER

Please register early to ensure your spot in class. Decisions to run classes or not based on attendance happens five days prior to the class start date.

Goal Based Investing

Join us for an engaging seminar on investing with purpose, designed to help you achieve your short- and long-term goals. Whether you're saving for a home, planning for retirement, or building wealth, you'll learn about tailored investment strategies, risk management, and how to align your portfolio with your personal aspirations. Don't miss this opportunity to take control of your financial future and make your money work harder for you.

Course #: GBI-CEGBICE.1-WS25

Cost: \$10.00

Dates: 5/20/2025 (1 class) Day of Week: Tuesday Instructor: Troy Gribnau Time: 5:30-6:30 pm

Location: Webster Schroeder E5

Investing For Beginners

Investing can be intimidating and seem complicated at first if we do not know what is what. In this class we will cover all aspects of investing, from stocks and bonds, to which accounts are the best to utilize. We will guide you towards investments that actually work, and raise warning flags about strategies and investments you should avoid.

Course #: IFB-CEIFB-CE.1-WS25

Cost: \$10.00

Dates: 1/28/2025 (1 class) Day of Week: Tuesday **Instructor:** Michael Coffaro Time: 6:00-7:00 pm

Location: Webster Schroeder E5

Course #: IFB-CEIFB-CE.2-WS25

Cost: \$10.00

Dates: 2/13/2025 (1 class) Day of Week: Thursday Instructor: Michael Coffaro Time: 6:00-7:00 pm

Location: Webster Schroeder E5 Course #: IFB-CEIFB-CE.3-WS25

Cost: \$10.00

Dates: 3/18/2025 (1 class) Day of Week: Tuesday Instructor: Michael Coffaro Time: 6:00-7:00 pm

FINANCE

Savvy Social Security Planning

After being told for years that Social Security is going broke, baby boomers are realizing that it will soon be their turn to collect.

The decisions you make now can have a tremendous impact on the total amount of benefits you stand to receive over your lifetime. This informative seminar covers the basics of Social Security and reveals strategies for maximizing your benefits. The following topics will be covered in this class:

- Five factors to consider when deciding when to apply for benefits
- When it makes sense to delay benefits and when it does not
- Why you should always check your earnings record for accuracy
- · How to estimate your benefits
- How to coordinate benefits with your spouse
- How to minimize taxes on Social Security benefits
- How to coordinate Social Security with your other sources of retirement income.

Course #: SSP-CESSP-CE.1-WS25

Cost: \$10.00

Dates: 3/6/2025 (1 class) Day of Week: Thursday Instructor: Phil Franco Time: 6:00-8:00 pm

Location: Webster Schroeder E9

Course #: SSP-CESSP-CE.2-WS25

Cost: \$10.00

Dates: 4/03/2025 (1 class) Day of Week: Thursday Instructor: Phil Franco Time: 6:00-8:00 pm

Location: Webster Schroeder E9



SPECIAL INTERESTS

Oil Painting: Beginner to Advanced

If you ever wanted to create a painting, or just pick up where you left off, this is your class. You will choose a photo to work from, one you really like. Then you will be given one-on-one attention and instruction on what to mix, what brushes to you, and how to use them, step-by-step. Come and paint your masterpiece! This class is intended for those 18 years or older. Please bring a material fee of \$4.00 for paint on the first night of the course.

Materials Required to bring to class:

- 4 Stiff Bristle Flat Brushes (#2, #4, #8)
- 4 Soft Bristle Flat Brushes (#2, #4, #8)
- 4 Stiff Bristle Round Brushes (#2, #4, #8)
- 4 Soft Bristle Round Brushes (#2, #4, #8)
- 2 Thin Liners (#0, #20)
- Palette Paper
- Metal Palette Knife
- Canvas (11 x 14 or larger)
- Small Jar for Turpentine
- · Old Rag or Cloth
- · A photo to paint from
- A large background brush (1/2in or 3/4in)
- Sea Sponge

Course #: OPBA-CEOPBA-CE.1-WS25

Cost: \$85.00

Dates: 1/9/2025 - 2/27/2025 (7 classes)

No class 2/20

Day of Week: Thursdays Instructor: Darlene Zoricak Time: 6:30-8:30 pm

Location: Webster Schroeder E10

Course #: OPBA-CEOPBA-CE.2-WS25

Cost: \$85.00

Dates: 3/13/2025 - 5/1/2025 (7 classes)

No class 4/17

Day of Week: Thursdays Instructor: Darlene Zoricak Time: 6:30-8:30 pm



SPECIAL INTERESTS

Becoming a Notary Public-Traditional Zoom

Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures. Electronic Notary procedures are not covered in this class.

This class is being taught virtually via zoom, you will receive the link a few days prior to the course. Make sure you provide a valid email address!

Course #: BNP-CEBNP-CE.1-WS25

Cost: \$65.00

Dates: 2/3/2025 & 2/10/2025 (2 classes)

Day of Week: Monday Instructor: Kristin Cavallaro Time: 5:30-8:45 pm Location: Remote Class

Course #: BNP-CEBNP-CE.2-WS25

Cost: \$65.00

Dates: 2/8/2025 (1 class) Day of Week: Saturday Instructor: Kristin Cavallaro Time: 9:00-3:00 pm

Location: Remote Class



Seniors Against Scams

Scams targeting older adults are on the rise. Financial crimes against older adults can be devastating, often leaving victims with no way to recoup their losses. Learn how to identify and stop the top financial scams targeting seniors. This class will educate and empower seniors to recognize when they are being targeted and assist them to protect themselves against financial fraud. Discover the 10 most popular scams targeting seniors today. Learn tips to best protect yourself and what you should do next if you have been scammed.

Course #: SAS-CESAS-CE.1-WS25

Cost: \$10.00

Dates: 4/21/2025 (1 class) Day of Week: Monday Instructor: Deanna Gutta Time: 6:00-7:00 pm

Location: Webster Schroeder E5

Plan Your Disney World Vacation

This class will take the stress out of planning your Disney World vacation! Disney World includes 4 theme parks, 2 water parks, 200 restaurants and eateries. 25 hotels, and more. This class will cover all the important planning steps including advance dining reservations, ride reservations, virtual queues, and more. We will learn how to use important features of the Disney World website and app so you can take full advantage of your time in the parks. Discussion will also cover where to stay, how to plan your time in the parks, how to use Disney's network of free transportation systems, and more. With the proper planning, your Disney vacation can be smooth and hassle free!

Course #: DWV-CEDWV-CE.1-WS25

Cost: \$40.00

Dates: 3/24/2025 (1 class) Day of Week: Monday **Instructor**: Kate Torrey Time: 6:30-8:30 pm

Location: Webster Schroeder E9



Cheap Travel Strategies

Travel doesn't have to be expensive! This class will cover two strategies for cheap travel. First we will learn to use the various features of Google Flights to find the cheapest airfare available without spending time searching multiple airline websites. You'll see how this free search platform can do what some companies are charging a monthly membership fee for! Second, we'll learn the basics of travel hacking. Travel hacking can help you get free or discounted flights, hotel stays, and more by strategically using rewards and promotions earned from credit cards. Anyone can do it with a little planning and know how. These strategies can be used for both international and domestic travel. Bring your laptop, tablet, or smartphone to class so you can try these strategies yourself.

Course #: CTS-CECTS-CE.1-WS25

Cost: \$40.00

Dates: 4/24/2025 (1 class) Day of Week: Thursday **Instructor:** Kate Torrey Time: 6:30-8:30 pm

Location: Webster Schroeder E9

Register at

https://registration.xenegrade.com/webstercsd/

SPECIAL INTERESTS

Plan Your European **Adventure**

You can travel in Europe at your own pace and save money by traveling independently. This class will give you all the tools you need to plan your own independent trip to Europe. This class will cover how to find affordable flights and lodging, how to plan your sightseeing and travel on the ground in Europe, how to pack light, and much more. Discussion will also cover logistics like foreign currency, what to do if you get sick in Europe, using your cell phone in Europe, and how to skip the lines at the big tourist attractions without spending more money. Join us to start planning your own European adventure!

Course #: EPA-CEPEA-CE.1-WS25

Cost: \$40.00

Dates: 5/5/2025 (1 class) Day of Week: Monday **Instructor:** Kate Torrey Time: 6:30-8:30 pm

Location: Webster Schroeder E9



Instant Piano for **Hopelessly Busy People**

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture demonstration. Ages 13+

Course #: IP-CEIP-CE.1-WS25

Cost: \$60.00

Dates: 02/24/2025 (1 class) Day of Week: Monday Instructor: Craig Coffman **Time:** 6:30-9:30 pm Location: Remote





Instant Guitar for Hopelessly Busy People

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands-on instruction and partly lecture/ demonstration. For ages 13+

Course #: IG-CEIG-CE.1-WS25

Cost: \$60.00

Dates: 2/25/2025 (1 class) Day of Week: Tuesday Instructor: Craig Coffman **Time:** 6:30-9:00 pm Location: Remote

REMINDER

Please register early to ensure your spot in class. Decisions to run classes or not based on attendance happens five days prior to the class start date.

What Parents Need To Know About the SAT & ACT This Year

Another year brings another flurry of changes regarding the SAT & ACT and how colleges look at scores. Find out everything you need to know about the tests, why they matter, and what you should do about them in this interactive presentation with nationally recognized educational expert Mike Bergin of Chariot Learning. Yes, we'll discuss upcoming changes to the ACT!

Course #: WPNTK-CEWPNTK-CE.1-WS25

Cost: \$10.00

Dates: 1/15/2025 (1 class) Day of Week: Wednesday **Instructor:** Chariot Learning

Time: 6:30-7:30 pm



SPECIAL INTERESTS



Reiki Level 1 Certification

Discover the transformative power of Reiki 1 in our upcoming class! Reiki is a gentle, yet powerful, healing practice that can bring balance and harmony to your life. In this immersive class, you will:

- Learn the fundamentals: Our experienced Reiki Master will guide you through the basics of Reiki, including its history, principles, and how it works.
- Hands-on experience: You'll have the opportunity to practice Reiki on yourself and others, allowing you to feel the energy flow and experience its soothing effects.
- Self-healing: Explore techniques for selfhealing and stress reduction that you can integrate into your daily life.
- Certification: Upon completion, you'll receive a Reiki 1 certification, a valuable addition to your skillset.

Whether you're seeking personal growth, stress relief, or a way to help others, Reiki 1 is a fantastic starting point. Join us on this journey of self-discovery and healing. Reserve your spot today and unlock the potential within you. There is a \$15 materials fee payable to the instructor.

Course #: RL1C-CERL1C-CE.1-WS25

Cost: \$155.00

Dates: 3/15/2025 (1 class) Day of Week: Saturday Instructor: Donalee Farrell Time: 9:00 am-4:00 pm

Location: Webster Schroeder Library

Classroom

Course #: RL1C-CERL1C-CE.2-WS25

Cost: \$155.00

Dates: 5/3/2025 (1 class)
Day of Week: Saturday
Instructor: Donalee Farrell
Time: 9:00 am-4:00 pm
Location: Webster Schroeder

Library Classroom

A Psychic's "Show and Tell"

Let's introduce you to psychic-mediumship... ours and yours! The sixth sense is a natural ability that conveys information from the energy environment around us...aka vibes. While some folks are "born knowing" others can re-familiarize themselves to interpret and communicate the information signals being received. The "trick" is to discern this information from the fears and myths that surround the psychic-medium realm so that your intuition can harvest the insights you receive in a positive and uplifting manner.

In this class, we will present the "no-fear" simplicity of the psychic senses while also discussing some of the common misconceptions of psychic-medium readings. In addition, Susan and Connie will offer a demonstration of psychic-medium readings to those attending. Please note: Based on the time and the number of people in the class, not everyone will receive a message. (Feel free to review readers and schedules on our website for psychic-medium appointments.)

Course #: PST-CEPST-CE.1-WS25

Cost: \$35.00

Dates: 3/6/2025 (1 class)
Day of Week: Thursday
Instructor: Connie Wake and

Susan Fiandach **Time:** 6:30-8:30pm

Location: Webster Schroeder E9

Course #: PST-CEPST-CE.2-WS25

Cost: \$35.00

Dates: 4/10/2025 (1 class)
Day of Week: Thursday
Instructor: Connie Wake and

Susan Fiandach **Time:** 6:30-8:30 pm

Location: Webster Schroeder E9





Yoga Slow Flow

This offering is open to both the beginner and the experienced practitioner. It is designed as an introduction to Vinyasa (flow) yoga, but it is also an excellent opportunity to slow down and deepen an existing practice. These classes are mildly vigorous and intended to help strengthen, stretch, and shape the body while simultaneously connecting breath to movement in an effort to increase awareness. reduce stress, and restore balance. Students are taught various poses and modifications to help ease into each pose. Before closing each practice, we will take Savasana, a restorative pose, which will allow the mind and body to rest and rejuvenate. Students are required to bring a yoga mat and one yoga block. An additional yoga block, strap, hand towel, and/ or bolster are optional.

Course #: YSF-CEYSF-CE.1-WS25

Cost: \$65.00

Dates: 1/9/25 - 2/13/25 (6 classes)

Day of Week: Thursday Instructor: Sunni Ingalls Time: 6:15-7:15 pm

Location: Dewitt Road Library

Course #: YSF-CEYSF-CE.2-WS25

Cost: \$74.00

Dates: 3/13/25 - 5/1/25 (7 classes)

No class on 4/17

Day of Week: Thursday
Instructor: Sunni Ingalls
Time: 6:15-7:15 pm

Location: Dewitt Road Library

YOUTH COURSES

Babysitting Training

This class is taught through classroom discussion, instructor lead lecture, and supplemented by an interactive video presentation. This 4.5 hour class teaches participants the roles and responsibilities of being a babysitter including skills in accident prevention, first aid, and abdominal thrusts for choking victims. Each student will receive a certification card upon completion of this class. Students are asked to bring a selfaddressed stamped envelope to class along with a peanut-free bagged lunch and drink. Class is intended for both boys and girls ages 11 - 15.

Course #: BSTF-CEBST-CE.1-WS25

Cost: \$65.00

Dates: 2/8/2025 (1 class) Day of Week: Saturday Instructor: Epic Training **Time:** 11:00 am-3:30 pm

Location: Webster Schroeder E9

Course #: BSTF-CEBST-CE.2-WS25

Cost: \$65.00

Dates: 4/12/2025 (1 class) Day of Week: Saturday **Instructor:** Epic Training Time: 11:00 am-3:30 pm

Location: Webster Schroeder E9





Home Alone Safety Training

This 90-minute class is designed to teach children who are home alone the importance of behaving responsibly. Topics include, and are not limited to:

- · Basic first aid
- What to do when a stranger comes to the
- · Answering the telephone and internet safety
- · How to react during miscellaneous emergencies

Knowing when your child is ready to stay home alone is a difficult decision; preparation can make this transition much easier for you and your child. Class is intended for children ages 8-12.

Course #: HAS-CEHAS-CE.1-WS25

Cost: \$40.00

Dates: 2/8/2025 (1 class) Day of Week: Saturday **Instructor:** Epic Training Time: 9:30-11:00 am

Location: Webster Schroeder E9 Course #: HAS-CEHAS-CE.2-WS25

Cost: \$40.00

Dates: 4/12/2025 (1 class) Day of Week: Saturday **Instructor:** Epic Training Time: 9:30-11:00 am

Location: Webster Schroeder E9

First Aid for Kids/Scouts

This 90-minute class teaches 8-14 year old participants the skills and techniques necessary to respond to a variety of first aid related emergencies including, bleeding control, choking, burns, care for sprains, strains and breaks, and treatment for heat and cold emergencies. Also addressed are several common medical emergencies found in schools today such as: food allergies. diabetes, seizures and asthma. This course meets requirements for several boy/girl scout badges.

Course #: FAK-CEFAK-CE.1-WS25

Cost: \$30.00

Dates: 2/10/2025 (1 class) Day of Week: Monday Instructor: Epic Training Time: 6:30-8:00 pm

Location: Webster Schroeder E9 Course #: FAK-CEFAK-CE.2-WS25

Cost: \$30.00

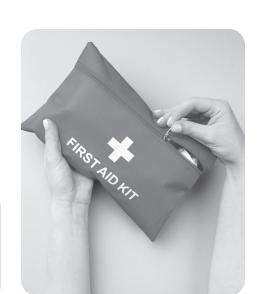
Dates: 3/10/2025 (1 class) Day of Week: Monday **Instructor:** Epic Training Time: 6:30-8:00 pm

Location: Webster Schroeder E9 Course #: FAK-CEFAK-CE.3-WS25

Cost: \$30.00

Dates: 5/12/2025 (1 class) Day of Week: Monday **Instructor:** Epic Training Time: 6:30-8:00 pm

Location: Webster Schroeder E9



Register at

https://registration.xendirect.com/webstercsd/index.cfm

YOUTH COURSES

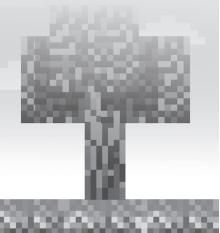
Mindful Minecraft

Dive into an epic Minecraft Camp for kids! Whether you're a newbie or a seasoned player, this camp is perfect for honing your building, coding and problem-solving skills. Explore new worlds, complete exciting challenges and collaborate with fellow campers. Our instructors will guide you through fun projects that teach teamwork, strategy and basic coding principles. Get ready for digital adventure, new friendships and endless possibilities in the world of Minecraft. ***Must have your own device! (Nintendo switch, tablet, or laptop with Minecraft installed)

Course #: MFMC-CEMFMC-CE.1-WS25

Cost: \$60.00

Dates: 2/18/2025 & 2/20/2025 Day of Week: Tuesday & Thursday Instructor: Elizabeth Gurz Time: 11:30 am-1:00 pm Location: Webster Schroeder E5



Drawing and Painting Art Class for Elementary Students

Explore drawing and painting with Webster Elementary Art Teacher Colleen Palmer. You will have the opportunity to create 2-4 unique and different projects during this class. We will be creative and have so much fun! These classes will be offered to students in grades 2nd-5th.

Course #: DAPAC-CEDAPAC-CE.1-WS25

Cost: \$45.00

Dates: 1/11/2025 (1 class)
Day of Week: Saturday
Instructor: Colleen Palmer
Time: 10:00 am-12:30 pm
Location: Schroeder E10

Course #: DAPAC-CEDAPAC-CE.2-WS25

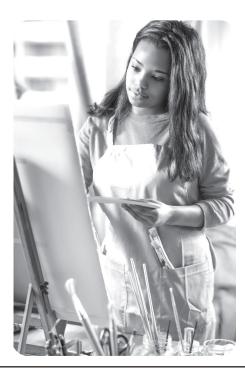
Cost: \$45.00

Dates: 2/8/2025 (1 class)
Day of Week: Saturday
Instructor: Colleen Palmer
Time: 10:00 am-12:30 pm
Location: Schroeder E10

Course #: DAPAC-CEDAPAC-CE.3-WS25

Cost: \$45.00

Dates: 3/15/2025 (1 class) Day of Week: Saturday Instructor: Colleen Palmer Time: 10:00 am-12:30 pm Location: Schroeder E10





SAT & ACT Prep Course

Build a powerful foundation for SAT & ACT success! This unique SAT/ACT Boot Camp, taught by Chariot Learning - Upstate New York's most well-known and respected test prep organization, thoroughly reviews the essential reading, writing, math, and test-taking skills and strategies for the digital SAT and paper ACT. You will learn the additional content and action steps needed for greater progress toward the highest test scores. Curriculum will be provided. This class is open to all Webster students enrolled in their junior or senior year. Please bring lunch! Vending machine snacks and drinks are available.

Course #: SATACT-CESATACT-CE.1-WS25

Cost: \$175.00

Dates: 1/25/2025 (1 class) Day of Week: Saturday Instructor: Chariot Learning Time: 9:00 am-3:00 pm

Location: Webster Schroeder E9

Course #: SATACT-CESATACT-CE.2-WS25

Cost: \$175.00

Dates: 4/26/2025 (1 class)
Day of Week: Saturday
Instructor: Chariot Learning
Time: 9:00 am-3:00 pm
Location: Webster Schroeder E9

REMINDER

Please register early to ensure your spot in class.
Decisions to run classes or not based on attendance happens five days prior to the class start date.

YOUTH COURSES

Lego Mania

Join the ultimate LEGO camp for kids! Unleash your creativity and build amazing structures, vehicles and worlds with LEGO bricks. Our hands-on, fun-filled program is designed to inspire young builders with exciting challenges & teamwork activities. Perfect for all skill levels, this camp helps kids develop problem solving skills, creativity and collaboration while having a blast! Don't miss out on fun and endless LEGO adventures!

Course #: LM-CELM-CE.1-WS25

Cost: \$80.00

Dates: 2/18/2025 & 2/20/2025 Day of Week: Tuesday & Thursday

Instructor: Elizabeth Gurz Time: 9:30-11:30 am (2 classes) Location: Webster Schroeder E5



Spanish For The Elementary Years

Get a head start on the language by joining us for an educationally oriented curriculum that is specifically designed for the K-5 student to learn the Spanish language. This unique and exciting program features foundation vocabulary introduced through games, singing and fun activities. Students are able to compound words and begin forming simple sentences. Early introduction increases the student's ability to absorb rather than translate the language. If you have taken a Spanish Club class previously, new vocabulary is introduced with each session. This class is open to new and returning students!

When registering, use the number 0 for Kindergarten.

Course #: SFTE-CESFTE-CE.1-WS25

Cost: \$100.00

Dates: 2/3/2025 - 3/17/2025 (6 classes)

No class 2/17

Day of Week: Monday

Instructor: The Enrichment Company

Time: 4:15-4:55 pm Location: Schroeder W25 Course #: SFTE-CESFTE-CE.2-WS25

Cost: \$100.00

Dates: 4/28/2025 - 6/9/2025 (6 classes)

No class 5/26

Day of Week: Monday

Instructor: The Enrichment Company

Time: 4:15-4:55 pm Location: Schroeder W25



Crime Scene Analysis

Experience real-life application in Crime Scene Analysis. Become the center of the action as a CSI agent and conduct forensic science experiments. In the laboratory, get ready to learn how to collect and perform analyses of evidence. record findings, and use critical thinking to find the culprit. Everyone will enjoy our interactive and amazing crime scene reproductions.

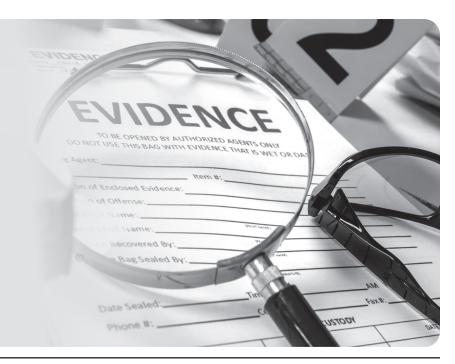
Course #: CSA-CECSE-CE.1-WS25

Cost: \$180.00

Dates: 1/27/25 - 3/10/25 (6 classes)

No class 2/17

Day of Week: Monday **Instructor:** Chris Jones Time: 4:00-5:00 pm Location: Schroeder E9



Community Education & Aquatics Registration

https://registration.xendirect.com/web stercsd/search.cfm

Visit the link above to create an account, browse programs, and register for courses!

Webster Aquatic Center 875 Ridge Road 585-670-1087



DO YOU HAVE AN IDEA FOR AN ENRICHMENT COURSE?

We want to hear from you!

For information on how to submit a course proposal, please contact abigail_eckler@webstercsd.org megan_malone@webstercsd.org

WCSD

Community Programs & Webster Aquatic Center Directory

Register online at https://registration.xendirect.com/webstercsd/ search.cfm

Staff Directory:

Aquatic Center 670-1087

Community Education 670-5039

Ben Whipple

Aquatics Director benjamin_whipple@webstercsd.org

Brian Wilcox

Aquatics Director brian_wilcox@webstercsd.org

Abbey Eckler

Community Ed Director abigail_eckler@webstercsd.org

Megan Malone

Community Ed Director megan_malone@webstercsd.org

Cindy Burke

Finance Secretary cindy_burke@webstercsd.org

Keriann Easley

Secretary keriann_esley@webstercsd.org

Edward "Woody" Connell

Front Desk Staff 585-670-1087

Joe Dickson & Dave Gucker

WAC Custodians 585-670-1084

Head Lifeguards

Jodi Byerts Atanas Chamov Scott Fake Mike Kennedy Scott Josephson



FACILITY RESERVATIONS

To reserve WCSD facilities (fields, turfs, gyms, auditoriums, classrooms, etc.), please visit https://ny166.mlschedules.com/Login.aspx to set up an account and request space.

Please note you must have an up to date certificate of insurance to set up an account for your group.

Please contact Jane Laskey at Jane_Laskey@webstercsd.org or 585-670-8066.

To request use of the Thomas Pool or Webster Aquatic Center, please visit https://ny166.mlschedules.com/Login.aspx.

For questions regarding pool rentals, contact Ben Whipple or Brian Wilcox at 585-670-1087.





